



Corn and Cashew Cream Soup

Serves: 4 / Total Time: 16 minutes

3 cups (720 ml) water

1½ cups (200 g)

Kirkland Signature roasted cashews

1¼ pound (568 g) frozen white
corn kernels, thawed (3½ cups)

2 teaspoons Kirkland Signature
granulated garlic

2 teaspoons Kirkland Signature
chopped onion

½ teaspoon Kirkland Signature
Himalayan pink salt

1. Place all ingredients into the Vitamix container in the order listed and secure the lid.
2. Run the Hot Soup Program or start the blender on its lowest speed, then quickly increase to its highest speed. Blend for 5 minutes 45 seconds.