



## Blueberry Banana Freeze

**Servings: 4.5 / Total Time: 5 min**

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1 cup (240 ml) Kirkland Signature coconut water

1½ pounds (680 g) Kirkland Signature frozen blueberries

½ (60 g) banana, peeled

1. Place all ingredients into the Vitamix container in the order listed and secure the lid.
2. Run the Frozen Dessert Program or start the blender on its lowest speed, then quickly increase to its highest speed. Blend for 50 seconds, using the tamper to push ingredients toward the blades.